

Spectrum Annual Conference 2024



Honouring the Past, Transforming the Future

Beyond Specialisation: Exploring Generalist Treatment Approaches for People with Personality Disorder and Complex Trauma

In-person & Online

Spectrum Annual Conference

While there are effective specialist treatments for personality disorder, such as Dialectical Behavioural Therapy, Mentalization Based Treatment and others, there is limited access to the specialist treatments in Australia. However, generalist treatments, which share the 'common factors' of specialist treatments, can provide effective treatment for people with personality disorder and/or complex trauma. This remains a viable treatment option for the majority of Australians with personality disorder and/or complex trauma.

Spectrum's conference will bring together leading experts, practitioners, researchers, and lived experience speakers to explore ways in which generalist treatment approaches may be used to redefine care. Hear from key-note speakers Assoc. Prof. Lois W. Choi-Kain and Prof. Joost Hutsebaut.

Cost

Early-bird Discount - Ends 11th Feb 2024

In-person: \$350

Online: \$200

General Admission Rates

In-person: \$400

Online: \$250

Date and Time

Thursday 21st March 2024

9.00 AM- 4.30 PM

Location

In-person: Clarendon Auditorium, Melbourne Convention and Exhibition Centre

1 Convention Centre Place, South Wharf

Lunch, morning and afternoon tea will be provided.

Online: A link will be sent to your registered email address a few days before the event.

Enquiries

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Program & Registration

