



Spectrum Training Free Q & A Sessions

Session 1: Tuesday the 23rd of June 1pm - 2:30pm

Mental health clinicians are invited to attend this first of several monthly teleconference sessions with a panel from Spectrum's Workforce Development team to discuss practice issues in relation to working with people with borderline personality disorder (BPD).

These free Q & A sessions will be delivered by live video-conferencing and, in the current climate of disrupted work practices and training delivery methods, will provide an opportunity to raise questions regarding both practice and theory and to participate in facilitated and informative consideration of the questions raised.

Topics for consideration will be on general practice concerns rather than about specific clients.

For example questions may be on themes such as:

- While recognising the importance of validation for people with BPD there can also be times when validation seems inappropriate, or when attempts to validate don't seem to help
- Is BPD really Complex PTSD? What is the difference? How/when can we work with trauma?
- How can clinicians work together better when there are strong differences of opinion?
- When/how can we involve families and carers when working with people with BPD?
- Issues related to medication for people with BPD
- Working with BPD and substance use

To register for this event, please follow the link below. After registering, you will receive a zoom meeting invitation.

<https://www.eventbrite.com.au/e/spectrum-training-event-q-a-session-one-registration-107170255118>

Please forward your questions to the Spectrum training email prior to the event. Questions can also be taken live on the day, time permitting.

Spectrumtraining@easternhealth.org.au

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