

# Spectrum Annual Conference 2022

PROGRAM 17<sup>th</sup> October 2022

## Navigating Diagnostic and Treatment Challenges: Is it Borderline Personality Disorder and/or Complex Post-Traumatic Stress Disorder?

Do you have a question  
for the speakers? Scan  
the QR code to submit  
your question.



TIME (AEDT)	TITLE
8.15 – 9.00	REGISTRATION
9.00 – 9.10	Welcome Address Assoc. Prof. Sathya Rao, Executive Clinical Director, Spectrum
9.10 – 9.50	Navigating the Nosology of Trauma Related Disorders and Personality Disorders Dr Lois Choi-Kain, Director, Gunderson Personality Disorders Institute (Presenting virtually from USA)
9.50 – 10.30	History of Trauma Related Psychiatric Disorder Assoc. Prof. Josephine Beatson, Department of Psychiatry, University of Melbourne
10.30 – 11.00	MORNING TEA BREAK
11.00 – 11.40	Medico-legal Aspects of Complex Trauma and Personality Disorder Dr Nitin P Dharwadkar, Forensic Psychiatrist (Civil Law) and Principal: MedLegalMD
11.40 – 12.20	Working it Out Together in Complex Trauma and Personality Challenges: We Meet and Then We Move Assoc. Prof. Loyola McLean, Course Coordinator, Brain and Mind Centre, Westmead Psychotherapy Program, The University of Sydney (Presenting virtually from NSW)
12.20 – 13.15	LUNCH BREAK
13.15 – 14.15	Ask Away: What You've Always Wanted to Ask Someone with Lived Experience Facilitator: Cathryn Pilcher, Associate Director, Spectrum
14.15 – 15.00	Working with People with Personality Disorder and/or Complex PTSD in Clinical Practice Assoc. Prof. Sathya Rao, Executive Clinical Director, Spectrum
15.00 – 15.15	AFTERNOON TEA BREAK
15.15 – 15.50	The Intersection of Neurodiversity, Personality Disorder and Trauma: A Complex Interplay Dr Lukas Cheney, Deputy Clinical Director, Spectrum
15.50 – 16.25	An Introduction to Treating C-PTSD Using DBT-PTSD: Our Clinical Experience Sarah Wallace, Senior Clinician, Spectrum
16.25 – 16.30	Closing Address Cathryn Pilcher, Associate Director, Spectrum